



Self Esteem Doesn't Come in a Bottle

Kelly Falardeau

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Why is it that we are trained to believe that if we use that bottle of "magic" that we're going to feel better about ourselves? What is in that bottle that is going to make us feel more beautiful and authentic to others? Why is it that people think that Botox is going to make people love them more? Many times Kelly was given a bottle of something that was promised to make her scars disappear and make her beautiful. She knew no matter what, it wouldn't work, she knew that her self esteem and beauty had to come from her heart and soul not from the faulty magic. You will learn how this burn survivor went from near death to success and didn't feel the need to cover up her scars in order to feel beautiful and greater than great. In this book, Kelly shares her secrets to her self esteem and how you can use her secrets to feel greater than great.

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