



The SuperMom Myth

Becky Kopitzke

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"This book isn't about raising kids. It's about raising Moms. . ." says author, speaker, blogger, lunch packer, and sidewalk chalk artist Becky Kopitzke. In a Pinterest-perfect culture, you've likely sensed an accelerated pressure to measure up. Then you either weigh yourself down with guilt or become resigned--desensitized, even--to this so-called failure. *The Supermom Myth*--with humor and grace, yet all the while maintaining a firm grasp on reality--aims to empower you to become the mom God created you to be. With 8 chapters, each personifying a "dirty villain" of motherhood, including The Grouch on the Couch (Anger), Worry Woman (Fear), and The Calendar Queen (Busyness), Kopitzke offers a gentle reminder to rest in the super power of our grace-filled God.

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David Simpson:

Reading can be called imagination hangout, why? Because when you are reading a book especially book entitled The SuperMom Myth your mind will drift away through every dimension, wandering in every aspect that maybe not known for but surely can become your mind friends. Imagining each and every word written in a guide then become one web form conclusion and explanation which maybe you never get ahead of. The SuperMom Myth giving you yet another experience more than blown away your thoughts but also giving you useful info for your better life in this era. So now let us explain to you the relaxing pattern the following is your body and mind will probably be pleased when you are finished looking at it, like winning a sport. Do you want to try this extraordinary wasting spare time activity?

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