



# **Way Back in the Country Garden: Living off the earth's yield for six generations: an East Texas farm family's recipes and stories**

*Kay W. Moore*

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Frugal, resourceful cooking . . . powerful family ties . . . Way Back in the Country Garden, in the days of long ago, families decided what was for supper by dispatching a youngster out to the family patch of dirt to see what was fresh and ready for pickin'. The Three Red-Haired Miller Girls, who grew up with modest means, nevertheless believed they were rich because the garden's yield was so plentiful and because their creative Mama wielded her kitchen magic to make a meal fit for royalty. Introduced in Kay Moore's previous book, Way Back in the Country, the lively Miller Girls again draw readers into their growing-up world in farm-rich Delta County, TX, where a stringent economic era-not unlike today's tight times-saw people turn to the earth to put food on the table for their loved ones. With home gardening surging in popularity as frugal people become more resourceful, this six-generation recipe collection and accompanying lore will inspire others to cook their garden-fresh way and ideally preserve their own family food stories as well. Now, join the Miller Girls, Mama and Papa, Grandma Harris, and all the generations hence in rollicking yarns that have love, family, and faith as common denominators and show how food evocatively bonds us to our life experiences.

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