



Sex & the Erotic Lover

Mabel Iam

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With equal doses of responsibility and freedom for pleasure, *Sex & the Erotic Lover* offers all practical and theoretical keys to real sexual freedom, covering sex, color, religion, status, and place of residence. This book helps maintain the balance and coherence between the inner world and the external universe enjoying each and every experience as if it were a game of flowing energies, enjoying the present time and and trusting the dictates of the heart. The book works on the following principles:

- Creating a magical sacred place.
- Preparing erotic space in a magical and harmonic way using special methods like Erotic Feng Shui.
- Mastering the secrets of erotic zones and their anatomic functions.
- Developing magnetism and sexual creativity.
- Learning to free and harmonize energy centers or chakras through meditation
- Increasing the pleasure of body and mind through illustrations of magical positions
- Exercising different positions and techniques to deepen pleasure.
- Profiting from unconscious erotic energy through the knowledge of the symbology of dreams.
- Ordering and balancing thoughts and emotions to solve sex blockages.
- Learning erotic magical rituals.

Like many spiritual paths, sacred or magical sex teaches the discipline of the mind and body. *Sex & the Erotic Lover* broaches all these subjects in a context of celebration, thereby allowing the discovery of unexplored terrains: the magical and sensual roads of life.

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