



God's Best for Your Life (First Place 4 Health Bible Study Series)

First Place 4 Health

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God's Best for Your Life draws on lessons learned in the book of Ruth to show readers why choosing what seems good in may cause them to miss God's best. First Place 4 Health participants will be challenged to ask God to give them a desire for His best in every area of their lives, from daily circumstances to personal relationships and, ultimately, to spiritual maturity. The roller coaster ride up and down the scales is about to end. When readers open their hearts to God's will for their lives, they will be blessed in ways they never imagined!

This First Place 4 Health Bible study contains 12 weeks of daily study to help members and participants to put Christ in first place. Based on proven techniques and more than 25 years of experience, First Place 4 Health is the most complete Christ-centered healthy living program available, and it has helped thousands of members create balance in the four core areas of their lives, emotional, spiritual, mental and physical. The results? Weight loss and total health from the inside out!

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