



Living on the Skinny Branches: Five Tools to Creating Power, Freedom and a Life Worth Living

Michael Strasner

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Are you stepping up to your greatness?

In Living on the Skinny Branches: Five Tools to Creating Power, Freedom and a Life Worth Living,

Master Trainer & Coach, Michael Strasner is your guide to accessing inner talents and hidden wisdom allowing you to take leaps and bounds towards your most important personal and professional accomplishments.

Using decades of experience working with tens of thousands of people across the globe, Strasner presents real-life examples of people who have redesigned and reinvented themselves in order to create extraordinary, life-altering results. Whether you are seeking to change direction in your life, rekindle passion in a relationship or simply eliminate self-defeating attitudes, behaviors or habits, this book will set you on a path that will inspire you long after it's read.

Through insightful distinctions, relevant examples and action steps you will learn...

*How to Empower Yourself... To breathe life into your gifts and talents and to express the authentic you in new ways, no matter your history, limiting voices in your mind or the negativity in your life.

*How to create personal freedom... By practicing immediate daily steps that break down old patterns allowing you to exude confidence and power.

*How to be vision driven... By redefining your relationship with circumstances and to move forward with purposeful intention and committed focused action.

*How to love your journey... And see the forest along with the trees, gaining perspective by learning to embrace life's challenges and disappointments while experiencing genuine gratitude for life's joys.

*How to go out on your limb... By declaring new risks and courageously stepping into the unknown, manifesting your deepest desires, wants and dreams into a tangible reality which inspires all who know you.

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