



# **Raw Food Life Force Energy: Enter a Totally New Stratosphere of Weight Loss, Beauty, and Health (Raw Food Series)**

*Natalia Rose*

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## **Raw Food Life Force Energy: Enter a Totally New Stratosphere of Weight Loss, Beauty, and Health (Raw Food Series) Natalia Rose**

According to top nutritionist Natalia Rose, the secret to a beautiful lean body, youthful radiant skin, abundant energy, and a state of natural bliss is Life Force Energy. If we can properly harness and increase our Life Force Energy through simple dietary and environmental principles, we can experience radically improved levels of health, beauty, and happiness.

With *Raw Food Life Force Energy's* more than seventy irresistibly fresh and energizing recipes, you'll see amazing results, including:

- Effortless, abundant weight loss
- Glowing, healthy skin
- Markedly increased energy
- Fewer colds and flus
- A more positive attitude and increased mental acuity

Natalia Rose offers a new vision of how to honor and revitalize our bodies and become powerfully attractive inside and out. *Raw Food Life Force Energy* shows us how to break out of our destructive, energy-draining patterns of poor eating, unsuccessful dieting, and stressful living to lift ourselves to a whole new stratosphere of well-being.

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