



# **Social and Cultural Foundations of Counseling and Human Services: Multiple Influences on Self-Concept Development**

*John J. Schmidt*

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Social and Cultural Foundations of Counseling addresses the fundamental social and cultural foundations upon which counselors and other helpers develop the knowledge and skill to work effectively with diverse populations. The premise of this text is that such foundational knowledge includes learning about self-concept development within a cultural and sociological context and about the impact that both individual differences and collectivistic philosophies have on cultural and personal identity. It distinctively features a social psychology perspective of diversity, complemented by an understanding of self-concept theory and its interaction with other models of identity development.

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