



# Healthy Attachments and Neuro-Dramatic-Play (Arts Therapies)

*Sue Jennings*

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## **Healthy Attachments and Neuro-Dramatic-Play (Arts Therapies) Sue Jennings**

Neuro-Dramatic-Play and Healthy Attachments breaks new ground in the areas of attachment and child development. Based on sound experience and observation, Sue Jennings consolidates current theories of attachment and therapeutic intervention; expands the often narrow view of what is understood by attachment; challenges the psychoanalytic ideas of child development and attachment and makes a strong case for early years adoption of arts and play therapies. The author has developed the new concept of neuro-dramatic-play that emerges in the second half of pregnancy and the first few months after birth. She explains how an understanding of this mother-child interaction, that is essentially 'dramatic' in nature, is crucial for developing a healthy brain, strong attachments and future resilience. This accessible text will interest all therapists and practitioners who work with children, including child psychotherapists, social workers, paediatric nurses, paediatricians, child psychiatrists and students of play therapy and all arts therapies.

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