



# The Hardest Climb in the World: A Memoir of Mountains, Vengeance and Yoga

*Thomas Quay Williams*

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This book is a coming of age story for an ambitious young rock climber taking place in the years 1979-1990 who uses yoga to overcome his lack of talent. It involves descriptive travels of England, France and India and is what Ed Webster, Everest legend and author of "Snow in the Kingdom: My Storm Years on Everest" reviewed it as "a fantastic read and an unforgettable life journey."

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