



Get Over Your Shitty Ex: Guide For Men Who Want To Heal A Broken Heart and Get Past Breakup

Sebastian Kazan

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Even the best of men sometimes get left standing in the rain, brokenhearted. If it's happened to you, and all you can think about is your ex and how to win back her love, then you need to read this book.

Learn how to stop pining over someone who doesn't want you anymore—and how to be ok with the fact that she doesn't. Get the focus and confidence you need to move forward, with an eye on the future, to find that special real woman who deserves your affection. In this book, you'll learn how to:

Reduce your time of suffering by 80 percent

Find and claim your masculine confidence

Take action when your mind just won't stop remembering your ex

How to start living better now

Look, rejection sucks but you can't change another person. Don't fall into a pitiful downward spiral that makes more deserving women steer clear of you. Get the book, read it, and then practice what you learn.

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