

# **Be Heard Now!**

Lee Glickstein

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As followers of Lee Glickstein's popular seminars attest, effective public speaking isn't the result of being over-prepared or having a slick delivery. It's actually a creative, interactive process relying on the speaker's natural presence and willingness to be "in the moment." Now Glickstein shares his dramatically successful "transformational speaking" approach, showing that the key to successful public speaking lies in spiritual principles that emphasize self-realization and authenticity. **Be Heard Now!** teaches you how to:

Heal your "inner speaker" and overcome your fear of exposure Project a genuine, personal presence to enhance your overall performance Develop a keen awareness of the audience and benefit from their response Use humor and vulnerability to captivate your listeners Apply four essential components to write a successful speech

With Glickstein's compassionate, realistic approach, **Be Heard Now!** can help anyone become a confident, jitter-free public speaker whose ideas flow freely and persuasively.

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