

# Now I Know

Rachel Bernstein

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### **Now I Know**

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#### Now I Know Rachel Bernstein

This is a unique book about divorce. This helpful, honest, and reassuring book takes the reader into the future one year after the divorce. The characters, inspired by author Rachel Bernstein's patients, share their new found expertise with the reader by expressing feelings, new insights, and helpful tips that have benefited other kids who have gone through this transition. Readers are invited to express their own thoughts in the journal that is included at the end. Now I Know also honors the fact that every family is different, and children from nearly all kinds of families will feel this book is for them.



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