



# The Sunset Strip Diaries

*Amy Asbury*

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## **The Sunset Strip Diaries** Amy Asbury

There comes a time in every girl's life, where she has to choose good or choose bad. Amy Asbury chose bad, hands down. Good meant wallflowers, secretaries and subservient wives. Bad meant power- and a possible escape from a life of secrets. At twelve years old she was trying to make sense of a drug-addicted father and his disturbing behavior. By fifteen she was dealing with horrendous depression, blackouts and rape. At sixteen she was in a mental institution for suicidal tendencies and violent behavior. She knew she could never be normal. The only place for a girl like her was Hollywood. This is a true story of the social ascent (and eventual decline) of a girl in the Sunset Strip music scene of the early 1990's. From crazy parties to glittered junkies and man-eating strippers, Amy has chronicled what life was like back in the days of excess and debauchery. It is not just a fascinating look into an amusing time in pop culture, but also details the mindset of a young woman trying to find confidence and self-worth in a life full of pain and chaos. The party came screeching to a halt when the Grunge movement took over and heroin became more prominent. How far off track can a person go before it's too late?

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