



# Letters To The Big C

*Chris Sypolt*

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## **Letters To The Big C** Chris Sypolt

If you're awake at 3 am, you're likely either working the night shift, or you're a cancer patient, or you're worrying about a cancer patient. Nobody prepares you for the wolves that come to you that late at night, the ones that disturb your sleep with their whispers of anxiety and fear. They steal your energy just by their existence, when energy is the one resource that you need most of all.

Letters To The Big C is reality, and it doesn't get more real than this. This is Reality reality. One year. One life. Two friends that shared a bond of an unhealthy love of pop culture and a fight against a disease that shouldn't have happened.

When Chris Sypolt's best friend Carla was diagnosed with colon cancer, he did the only thing that he really knew how to do. He wrote her letters, every night, talking about inspiration and hope and belief and faith. Over the year that she fought the disease, the letters kept coming, night after night after night.

For Carla, the letters were a lifeline of hope and sanity to get her through to another dawn. For Chris, they were a way to express his love for his best friend, to help take care of her in the best way he knew how. They come together in a remarkable story of patient and caregiver as he helped build her defenses and her armor.

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