



# Bread Alone: A Novel

*Judith Ryan Hendricks*

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## **Bread Alone: A Novel** Judith Ryan Hendricks

The life of 31-year-old trophy wife Wynter Morrison suddenly changes course when her husband announces one evening that their marriage is over. Emotionally devastated and desperate for a change of scenery, Wyn moves to Seattle where she spends aimless hours at a local bakery, sipping coffee and inhaling the sweet aromas of freshly-made bread. These visits bring back memories of her long-ago apprenticeship at a French *boulangerie*, and when offered a position at the bakery, Wyn quickly accepts -- hoping that the rituals of baking will help her move on.

Working long hours among the bakery's cluster of eclectic women -- Linda, the irascible bread baker; earth mother Ellen and her partner Diane; and Tyler, the blue-haired barista -- Wyn awakens to the truths that she missed while living the good life in Hancock Park.

Soon Wyn discovers that making bread possesses an unexpected and wondrous healing power, helping her to rediscover that nothing stays the same... bread rises, pain fades, the heart heals, and the future beckons.

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