



Making & Baking the Bread, Survival Strategies for Breadwinner Wives

Debra Godfrey, Holly Whitby

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Recent studies show that one third or more of working women outearn their husbands and the number is growing rapidly. When wives become the primary breadwinner, it challenges their long held paradigms of gender roles, often causing marital conflict. Making & Baking the Bread, Survival Strategies for Breadwinner Wives was written to provide spiritual insight and practical strategies to women who are the primary breadwinner in their family. It will help them move from “breadwinner breakdowns” to a “breadwinner breakthrough”.

The book will:

- Identify what happens in the marriage relationship when wives earn more than their husbands.
- Challenge long held beliefs and paradigms which lead to unrealistic expectations and disappointment.
- Change the reader’s perspective based on application of spiritual truths.
- Identify solutions to resolve marital conflict.
- Provide journaling opportunities for intense self-analysis and introspection.
- Give practical strategies and tools for relieving stress and making life responsibilities more manageable.
- Provide strategies for raising children who are nurtured and supported while managing a demanding career.

This book will help the reader:

- Understand long held paradigms of gender roles that can cause marital conflict.
- Acquire solutions to reconcile conflict within marriage based on emotional insight and spiritual truths.
- Develop a structured plan to address the challenges of the breadwinner wife role.
- Adopt parenting principles that promote strong relationships with children that capitalizes on their non-traditional family dynamic.

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