



The Sex Filled Marriage.: How Low Libido Women Can Ignite Their Sex Drive.

Hannah Horbeth

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Use Sex Therapist Dr. Hannah Horbeth's Proven Strategies To Increase Sexual Desire:

- Find out about the 20-minute exercise so effective it even increases libido in women taking anti-depressants.
- Learn how to use “erotic cues” to get you in the mood.
- Try 3 powerful intimacy exercises proven to revv up your low sex drive.
- Three questions to ask during sex that will dramatically increase your desire.
- How “flicker stage” sex acts as a female libido booster.
- How to cultivate sensuality in and out of the bedroom.
- Turning your bedroom into a sensuous lair.
- Identify medicines that cause low sex drive in women.

The 20-Minute Exercise So Effective It Even Increases Libido In Women Taking Anti-Depressants.

Would you do a 20-minute workout if you knew it would dramatically improve your sexual desire? Break out your gym clothes because some breakthrough studies have shown that an exercise called the “20/70” acts as a female libido enhancer. Full details on page 24.

How To Use “Erotic Cues” To Get You In The Mood.

A “cue” is any prompt that triggers a response. You might not be hungry, but the smell of pizza (the cue) triggers an appetite (the response). Same with sex. Dr. Horbeth will show you to identify personal erotic cues (like the smell of his after-shave when he breezes by) and how to turn the flicker of a response into a raging fire of sexual desire.

Three Powerful Intimacy Exercises Proven To Revv Up Your Low Sex Drive.

These clothes optional exercises require lots of eye and hand contact and they're designed to make both partners feel completely accepted, body and soul, without judgment or hesitation. Dr. Horbeth's patients report a strong sense of being 'aligned' with each other and opening up the space for sexual desire to grow. Warning! It's not unusual for people to cry as they notice how many barriers they've put up against the partner they love. As those barriers evaporate your emotional closeness grows as does sexual desire.

Turning Your Bedroom Into A Sensuous Lair.

The energy in your bedroom can make the difference between putting you in the mood or locking you out of it. The point isn't to make it feel like sex is seeping out of the walls; it's to make your body feel relaxed, warm and receptive to pleasure. From lighting to fragrances to how many pillows you should have on your bed I'll show you how to dramatically transform your bedroom so you can have a better experience of sex, love and sleep.

The Sex Drive Solution For Women: Tune In So You Can Turn On.

Women with low libido are less able to accurately estimate heartbeat, blood glucose levels and muscle contractions. This tends to create a greater disconnect between the physical signs of arousal (rapid heartbeat, muscle tension, etc.) and your subjective experience of it (“Am I turned on?”). This chapter will help close the gap between your physiologic response and your subjective awareness. It’s only by understanding what your body responds to and how it responds that you’ll be able to pick up on its subtleties, interpret them correctly, and act on them appropriately.

Super Size Your Sex Drive.

Desire is a decision. It’s a conscious intention to discover and learn new ways of keeping sexual energy alive. Obviously, you can’t decide to be aroused, but you can decide to do things that lead to arousal. They’re all on pages 50-75.

What Your Partner Can Do To Help Boost Your Libido.

He’s got a vested interest in helping you raise your libido and he’s probably more than willing to do whatever he can. So hand him this chapter. He’ll get a better understanding of what you’re going through and find out ways he can help—including being YOUR idea of a great lover, not his.

This book comes with a 7-day money back guarantee! It’s time to be in a sex-filled marriage. Scroll up, click the buy button and get started.

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