



# The Attachment Pregnancy: The Ultimate Guide to Bonding with Your Baby

*Laurel Wilson, Tracy Wilson Peters*

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## Your resource for raising a healthy child from the moment of conception!

Studies have shown that parents have more influence over their child, both emotionally and physically, during pregnancy and the first years after birth than at any other point in life. With *The Attachment Pregnancy*, you will learn how to use this important time to form a deeper connection and introduce your child to a loving environment--even before birth. Childbirth experts Tracy Wilson Peters and Laurel Wilson guide you through each stage of development with advice for providing consistent and nurturing care as your baby grows, so that you can ensure that every need is always met.

From the moment your child is conceived to the day of delivery, *The Attachment Pregnancy* shows you how to strengthen your bond and give your baby the best life possible from the very beginning.

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